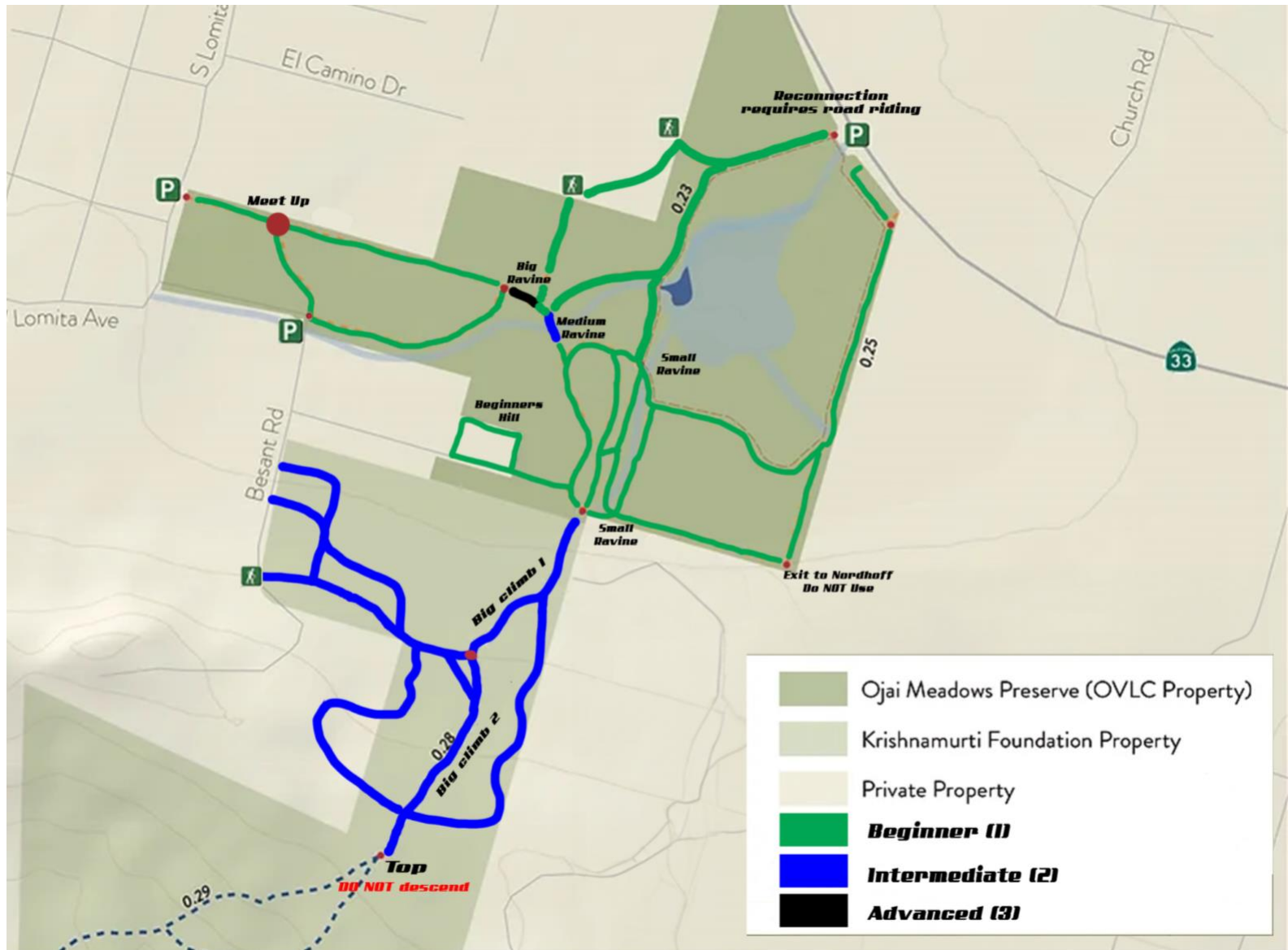




Meadows Preserve Map



Ride Plan Notes:

Use this map and your ride plan template to create a ride plan.

All riders can use Green trails.

Only level 2 or 3 riders can use Blue/Black trails. (Check with Everest or Hillary before up-leveling riders).

Most Green trails are wide and flat. They can be used for drills and games.

All Blue trails have elevation, lots of climbing and descending, with technical terrain and whippy turns.

Break trail sections down into smaller chunks to practice skills and techniques (sessioning).

Create small loops where all riders can be seen from one vantage point, allows for free range riding.